



## **IMPACT CLINIC 2019 – WAG STEP 2-10**

This is a great opportunity for gymnasts to train together and learn new skills. We have some great coaches ready to work with you to help fine tune your skills and perfect your routines. We have invited judges to attend for another view on your skills and routines.

**Places are limited – Early Bird Discount**

**DATE:** FRIDAY 20<sup>TH</sup> APRIL – SUNDAY 22<sup>ND</sup> APRIL 2019

**TIMES:**

**FRIDAY 20<sup>TH</sup>**  
2.00PM – 5.00PM                      STEP 4 AND UP

**SATURDAY 21<sup>ST</sup>**  
8.00AM – 12.00PM                    STEP 2-3  
1.00PM – 5.00PM                      STEP 4 AND UP

**SUNDAY 22<sup>ND</sup>**  
8.00AM – 12.00PM                    STEP 2-3  
1.00PM – 5.00PM                      STEP 4 AND UP

**COST PER DAY FOR CLINIC:** \$55.00 PER DAY FRI/SAT/SUN if paid after **28 February 2019**

**EARLY BIRD DISCOUNT:** **Step 2 - 3                      \$110 for 2 days**

**Step 4 and Up                      \$145 for 3 days**

Complete and return attached application and make payment by **28 February 2019** to receive the early bird discount. ***Please note this timetable may change subject to numbers booked.***

**COACHES:** Howard Hill (Hokitika), Villi Koszegi (Impact), Ebony Matenga (Impact) Shirley Baker, Hayley Jury (Waitara). All coaches have a wealth of knowledge and experience.

**WHAT TO BRING:** Training Gear (leotards and bike pants only for this clinic)  
Own First Aid Kit  
A small snack to have in break time  
Water Bottle and hand towel or frozen flannel

**APPLICATION FOR GYMNASTICS IMPACT CLINIC  
20<sup>TH</sup> APRIL– 22<sup>ND</sup> APRIL 2019**

NAME \_\_\_\_\_STEP \_\_\_\_\_

MEDICAL CONDITIONS (if any) \_\_\_\_\_

MEDICATION (if any) \_\_\_\_\_

I, \_\_\_\_\_ give permission for my child \_\_\_\_\_

to attend the above clinic.

I have made an online payment \$50.00  for Friday  
\$50.00  for Saturday  
\$50.00  for Sunday  
\$145.00  for Step 4 and Up Early Bird Discount  
(payment by the **28<sup>th</sup> February**)  
\$110.00 for Step 1-3 Early bird discount  
(payment by the **28<sup>th</sup> February**)

\_\_\_\_\_ Total paid

Signed: \_\_\_\_\_

**Applications Close:** Monday 20 March 2019  
Pay direct into our bank account 06-0556-00039234-01  
Ref: Howard Clinic/Gymnast Name

For the Seniors that would have been training on the Saturday you will receive a discount of \$15.50 for the Saturday training that you will miss. If you have any questions, please don't hesitate to contact me on the details below.  
Thank You.

Shar Matthews  
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